



Baby talk New Baby CHECKLISTA

TIPS

You might not need all the items listed but tick off as you go shopping.

HOSPITAL BAG

- ☐ Comfortable cloths
- ☐ Maternity pads
- ☐ Toiletries
- ☐ Slippers , shoes
- ☐ Comfortable panties
- ☐ Phone and Charger
- ☐ Nursing bras, pads, cover
- ☐ Receiving blankets
- ☐ baby cloths
- ☐ Diapers and wipes
- ☐ Birth kit/mammakit
- ☐ Towels and burp cloths
- ☐ Mattress protection
- ☐ Cash, ID, Insurance card
- ☐ Cotton roll and gauze
- ☐ Mosquito net
- ☐ Feeding bottle/formula
- ☐ Books and note book
- ☐ Breast pump

SLEEP

- ☐ Crib
- ☐ Co-sleeper/bednet
- ☐ baby beddings
- ☐ Waterproof mattress pad
- ☐ baby Mobile or crib toy
- ☐ Mosquito net

TIP :- Start early and do not over pack.

Idea: A gift for the midwife, a gift for siblings

DIAPER

- ☐ Age and weight appropriate diapers
- ☐ Diaper cream
- ☐ Diaper bag
- ☐ Changing surface /mat
- ☐ Wipes
- ☐ Diaper disposable bags

FEEDING

- ☐ Breastmilk storage bags
- ☐ Breast pump
- ☐ Nursing pads
- ☐ Nursing covers
- ☐ Bottle brush and sterilizer
- ☐ Bottle warmer
- ☐ age appropriate bottles
- ☐ Breastfeeding pillow
- ☐ Burp towels
- ☐ Formula
- ☐ Nursing cups
- ☐ sippy cups and spoons
- ☐ Bibs

TRANSPORT

- ☐ Baby sling or carrier
- ☐ Car seat
- ☐ Baby stroller
- ☐ Mobile phone
- ☐ baby bag with necessities

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CLOTHING

- ☐ Receiving blankets
- ☐ Cover up Pajamas
- ☐ Socks and mittens
- ☐ Hats and head covers
- ☐ Warm cloths
- ☐ Pants or Dresses
- ☐ Under vests and Tshirts
- ☐ Swim wear and nappy
- ☐ Towels and wash towels
- ☐ Body suits shor and long armed
- ☐ soft comfortable shoes
- ☐ Onesies

HEALTH & HYGIENE

- ☐ baby toothbrush and hairbrush
- ☐ Wipers
- ☐ Cotton ear pads or cotton pads
- ☐ Digital thermometer
- ☐ hand disinfectant
- ☐ Baby oil
- ☐ nail clippers (baby scissors)
- ☐ mosquito net
- ☐ Baby shampoo, soap or wash
- ☐ baby bath basin and wash towels

EXTRA

- ☐ Books
- ☐ solar lamp
- ☐ Teether and pacifier
- ☐ Activity mat
- ☐ Medicine and pain killers
- ☐ Play soft toys

